

Journeys of discovery in Gower

Mumbles and the city of Swansea

without a car



2019-20

This is the Year of Discovery

Discover the wonderful coast and countryside of Gower
by bus, cycle and on foot



Welcome to Gower and Mumbles without a car!

There is a comprehensive bus network linking Swansea to Mumbles and Gower; beaches, the coast path and other walks, nature reserves, visitor attractions, and access to outdoor activities. All parts of Gower and Mumbles are well served with local buses which run daily weekdays year round. Sunday & Public Holiday services year round in Swansea and Mumbles; and in spring and summer to and around Gower.

Mumbles is easily accessible by bike and on foot using the traffic free route along the attractive coastline. Cycling in Gower is mainly along public roads with limited off-road.

Gower Coast Path is the ultimate coastal adventure! The entire length of the path is accessible at key points off the bus network.

Other Gower Walks the 35 mile Gower Way crosses the peninsula from Rhossili over Gower's highest point to Penlle'r Castell in the ancient Lordship of Gower. There are many shorter walks criss-crossing Gower.

Beaches all of Gower's beaches are easily reached by bus or bike; it's a short walk to some.

Nature & Wildlife Reserves Gower is home to three of Wales' National Nature Reserves: Oxwich Bay, Gower Coast (Rhossili) and Whiteford (Llanmadoc); and smaller reserves run by the Wildlife Trust. All are easily reached by bus or bike.

Heritage and Legend Gower is full of history and heritage including the Gower Heritage Centre in Parkmill, a rural life museum and craft centre. It has fifteen historic churches and four medieval castles. From King Arthur to the memorial to Antarctic explorer Edgar Evans, Gower is full of legends, past and present.

Activities outdoors Gower is great for adventure activities: sailing and boat trips at Oxwich Bay, surfing at Langland, Caswell and Rhossili, archery and falconry at Perriswood, kite flying at Pitton Cross and many more.

Swansea Visitor Attractions take the bus into Swansea for its huge range of attractions, entertainment and eating out. The National Waterfront Museum, LC (Swansea's leisure centre) and Swansea Market are just a short walk from the City Bus Station.



Buses in Gower and Mumbles

There are three principal routes in Gower with connecting links to smaller bays and villages. All parts of Mumbles are served frequently directly from Swansea.

Gower Explorer buses run approximately every hour daytime (weekdays) on main south and north Gower routes and less frequently on connecting routes.

First Cymru runs every hour daytime (weekdays) on the Bishopston and Pennard route.

First Cymru also serves Mumbles every 15 minutes daytime (weekdays) and twice an hour Sundays and public holidays.

Gower Sunday Explorer runs on Sundays and Public Holidays to and within Gower from 21 April to 8 September.

Your ticket to ride

(ticket facilities correct as at March 2019 and subject to alteration)

Gower Day Rider – Unlimited travel all day only on services 114 to 119

First Day Swansea Bay – Unlimited travel on First Cymru buses throughout Swansea City most of Swansea Bay (excludes most of Gower)

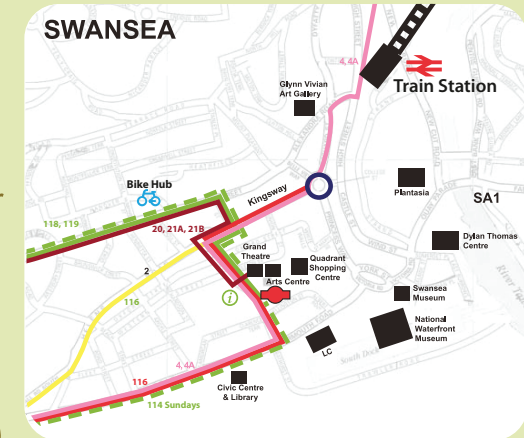
Explore Gower Day - Unlimited day travel on all First & NAT services

Family tickets – There are family versions of Gower Day Rider and First Swansea Bay tickets.

Explore Wales & Explore South Wales Pass – These can be used without restriction on all bus services to and within Swansea and Mumbles (not Gower)

Wales Concessionary Travel Pass – Seniors and others entitled to this and resident in Wales can travel on all bus services within Swansea, Mumbles and Gower free of charge!

Escape to a special place without the car



Gower Bus Routes

- 2, 2A, 2B, 2C, 14: Swansea to Mumbles, Bishopston & Pennard
- 22: Swansea to Three Crosses
- 114: Swansea to South Gower (Summer, Sundays and Public Holidays)
- 115: Llangennith and Llanmadoc to Horton and Port Eynon
- 116: Swansea to North Gower
- 117, 118, 119: Swansea and Killay to South Gower

Footpaths & Cycle Routes

- Popular Inland Walks
- Gower Coast Path
- Gower Way
- Swansea seashore cycling & walking route
- Blackpill - Gowerton - Penclawdd Cycle & Walking Path

Key to Attractions & Services

Amenities	Travel	Services	Attractions
Cafe	Bus Station	Information	Historic Church
Meals & Drinks	Bus Stop	Public Toilets	Heritage Centre
Inn/Pub	Train Station	Pharmacy	Castle
PO Post Office	Cycle Hire	Public Access Land	Nature Reserve
			Woodland

Please note these routes are approximate and an Ordnance Survey Map should be used in conjunction with this map.

General Information

Your journey of discovery starts on the train or coach

There are frequent trains to Swansea from all parts of the UK and main airports; direct from London Paddington, Reading, Bristol, Cardiff and Manchester; or with one simple interchange from most other parts of the UK and principal airports.

Cycles can be conveyed; **limited accommodation, reservation necessary.**

National Rail **08457 48 49 50** • www.nationalrail.co.uk

There are coaches from all parts of the UK; direct from central London, Gatwick and Heathrow Airports, Birmingham, Bristol and Cardiff; or one simple interchange from most other parts of the UK.

Folding cycles only can be conveyed.

National Express: www.nationalexpress.com Megabus: www.megabus.com

Travelling around Swansea, Mumbles & Gower

Frequent buses link Swansea's train and bus stations; the coach station is adjacent to the bus station. Buses to Gower and Mumbles leave from the bus station and will connect you to key walks in the peninsula.

National Cycle Network routes between Swansea and Mumbles; Swansea and Gowerton.

Plan your journey: Traveline Cymru **0800 464 00 00** • www.traveline.cymru



www.swanseabaywithoutacar.com

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Every care has been taken to ensure that information in this leaflet was correct when going to press but tickets, services and facilities can be subject to alteration at short notice

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